

For the second event the capacity was increased and 105 delegates attended.

The themes of this conference were:

- Promoting diversity and inclusion
- Understand Post-Traumatic Stress Disorder
- Making Every Contact Count
- Introduction to Trans Issues
- Being Dementia Friendly

The conference opened with welcome speeches from **Daren Mochrie**, Chief Executive of South East Coast Ambulance Service and **Tracy Myhill**, Chief Executive of Welsh Ambulance Service.

Kirsten Willis and **Alistair Gunn**, Chairs of the National Ambulance LGBT Network outlined the objectives of the Network and gave a progress report on recent projects.

La-Chun Lindsay is the Managing Director of GE Aviation in Wales and her inspirational keynote speech focussed on changing cultures in organisations. The vibrancy of workforces is enhanced by developing a culture of 'victors not victims'.

The second keynote speech by **Darren Humphreys**, Senior Clinician at March on Stress left people in no doubt that LGBT ambulance staff are at high risk of stress. Ambulance services need to evaluate their support mechanisms.

In a break from tradition, the afternoon session opened with a short one-man performance describing the highs and lows of Sam and Derek's journey through the progression of dementia. 'The Purple List' was written by **Libby Pearson** and performed by **Ian Baxter**.

Val Nash, from South Western Ambulance Service, facilitated a workshop on Making Every Contact Count, while **Jane Poulter**, from Welsh Ambulance Service, volunteered her workshop on being Dementia Friendly.

Mike Taylor (RAF and South Western Ambulance Service) gave a personal insight into Post Traumatic Stress Disorder with **Harry Palmer** (Centre for Mental Health) explaining the consequences of not getting the right support.

Katie Yeomans facilitated a 'no holds barred' talk on the transitioning process. As Katie said, no question was off limits!

Programme

- [Conference 2017 Programme](#)

Presentations

- [The Second National Conference](#)
- [The Organisational Management of Mental Health](#)

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